



EDUCA 2020
Booth 6m34

FUTURE SCHOOL IS HERE – GYMI FURNITURE ENHANCES MOTOR SKILL ACQUISITION AND COGNITIVE LEARNING IN SCHOOLS AND KINDERGARDENS

Gymi Furniture refurnishes learning environments

Basic motor skills are a requirement for learning more developed skills in sports as well as for cognitive learning. Today, children's basic motor skills are often underdeveloped because of the minimal used time for physical activity and free play. That is why Gymi has put an effort in refurbishing environments with furniture and equipment which enhance the development of basic motor skills and motivate children to move.

By Enhancing Movement, We Build a Basis for Cognitive Skill Acquisition and Create a Peaceful Learning Environment

– As we know, physical activity has a great impact on the brain. Movement not only enhances cognitive learning but also brings peace to the classroom, says **Christina Nurmi**, designer of *Gymi Furniture* and expert in children's physical education who has been involved in several *Active Schools* –projects in Finland. After all testing you can really say that our convertible furniture in itself motivates the child to move in various ways simultaneously developing his/her motor skills. The furniture can be used in classrooms or corridors as tables and benches but also as gymnastics and parkour tracks – tracks for learning motor skills: jumping, hanging, swinging, climbing, moving on all fours etc. At the same time the children also develop their balance, co-ordination, flexibility and body control – and very important – their self-awareness and self-esteem. By moving in various ways, the nervous system develops its extremely important network which is a basis for all cognitive acquisition.



With *Gymi Furniture* you can refurbish any space for example in kindergartens and schools. The furniture series consists of wallbars, boxes, planks, ladders and bars. By combining these different elements, you can build various solutions which serve as desks but also as equipment for natural movement. *Gymi Furniture* suits for all ages and it enables functional learning as well as gym classes.

VISITING A SCHOOL WITH GYMI FURNITURE

The furniture is being used in several schools in Finland. We can arrange visits to these schools upon request.